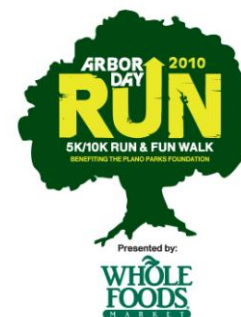




Volunteer Sign-Up Form
Arbor Day Run 5k/10k
Saturday, November 12th, 2011
At Oak Point Park & Nature Preserve
<http://www.arbordayrun.com>



*Check any positions in which you are willing to work. We will do our best to place you in the area selected however we cannot guarantee that area. Thanks for Understanding! Please fill out the form and return to **DFWRUNS** at volunteer@dfwruns.com or fax to 214-520-4885.*

Name _____ Age _____

Address _____ City _____ Zip _____

Contact Phone _____ Cell Phone _____

T-shirt size _____ (Adult S, Adult M, Adult L, Adult X-Large, Adult Double X-Large)

Company _____ Email _____

Have you volunteered with us before? Yes No

Volunteer Opportunities

Pre-Race Packet Pick Up Wednesday, November 9th and Thursday, November 10th

- Whole Foods Plano, 2201 Preston Rd. (3:00pm-8:30pm)**
Volunteers hand out race packets to pre-registered participants and sign up new runners and walkers.
- Whole Foods Richardson, 101 S Coit Rd. (3:00pm-8:30pm)**
Volunteers hand out race packets to pre-registered participants and sign up new runners and walkers.
- Whole Foods Lakewood, 2118 Abrams Rd. (3:00pm-8:30pm)**
Volunteers hand out race packets to pre-registered participants and sign up new runners and walkers.

Arbor Day Run 5k & 10k at Oak Point Park & Nature Preserve -Saturday, November 12th

- Volunteer Check-In, Hospitality Tent Assistants (2 shifts: 6:00 am – 10:30 am): Need 2 volunteers**
Volunteers will assist in checking in volunteers, and oversee the hospitality area.
- Site set up (5:45 am – 7:15 am): Need 6 volunteers**
Volunteers will assist in the setup preparations for the sponsor area and event space.
- Floating Volunteers 6:45 am – 11:45 am): Need 6 volunteers**
Volunteers will assist in many areas or float where help is needed in case other volunteers do not show up.
- Race Day Registration & Packet Pickup (6:00 am – 8:30 am): Need 10 volunteers**
Volunteers will distribute race packets to all registered runners and handle day of event registration.
- Course/Direction monitors (7:00 am – last runner/walker passes around 11am): Need 20 volunteers**
Volunteers will be placed at strategic points on the route to assure that runners/walkers remain on the correct course.
- Water Station on the course (7:30 am – 11:00 am): Need 20 volunteers**
Volunteers will assist in the distribution of refreshments (at the water station on the route/there are 2 water stations).
- Refreshments, food & event assistance (6:30 am – 12:00 pm): Need 10 volunteers**
Volunteers will assist in the distribution of refreshments at the finish line and at the event during the post race festivities.
- Awards/Results posting (8:30 am – 10:30 am): Need 2 volunteers**
Volunteers will assist in posting results and assisting with awards.
- Site Tear Down & Clean-up (8:00 am to 11:00 am): Need 8 volunteers**
Volunteers will assist in clean up during event, and tear down, and sponsor assistance with tear down and cleanup

Volunteer training will be conducted the day of the activity by the volunteer team leader. Parking for volunteers will be in the main parking area of the park. There is plenty of parking if you arrive early. Ancillary parking is across the street at Collin County Community College. All volunteers will receive an event t-shirt, water and the gratitude of over a thousand participants! If you have questions about volunteering, call DFWRUNS at (214) DFWRUNS (339-7867) or hcolvin@dfwruns.com . Thank you!

*Proceeds from the 3rd Annual Arbor Day Run 5k/10k Run and Fun Walk supports
The Plano Parks Foundation.*